

DECEMBER-JANUARY-FEBRUARY

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Waffles and berries	English muffins and fruit	Popcorn and fruit	Nillas and yogurt	Chex mix and fruit
Lunch	Mac & Cheese, fruit and veggie	Taquitos, Refried Beans and Fruit	Grilled cheese, fruit and veggie	Scrambled Eggs, Toast and Fruit	Stir Fry Chicken, Broccoli dinner roll
Afternoon snack	Cheese and Crackers	Cheez its and fruit	Goldfish and fruit	Cereal bars and fruit	Pretzels and fruit